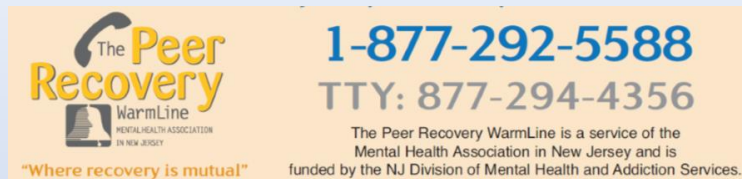


Call for Emotional Support and Referral



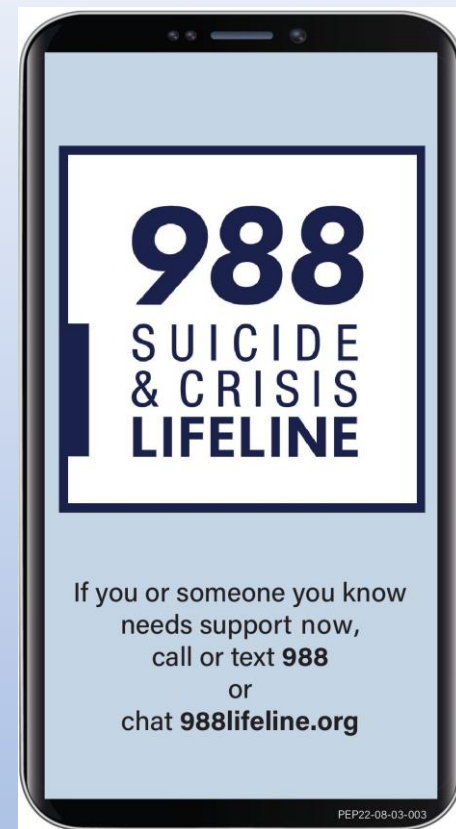
New Jersey
Mental Health Cares
1-866-202-HELP(4357)
Who cares? We do!
Call for Confidential
Emotional Support,
Information and referral.

New Jersey's mental health helpline



The Peer Recovery WarmLine
MENTAL HEALTH ASSOCIATION IN NEW JERSEY
"Where recovery is mutual"
1-877-292-5588
TTY: 877-294-4356
The Peer Recovery WarmLine is a service of the Mental Health Association in New Jersey and is funded by the NJ Division of Mental Health and Addiction Services.

A call line for people living with mental illness, answered by people in recovery



988
SUICIDE & CRISIS
LIFELINE
If you or someone you know needs support now, call or text 988 or chat 988lifeline.org
PEP22-08-03-003



New Jersey
Self-Help Group Clearinghouse
800-367-6274

Assistance with finding or starting all sorts of self-help support groups



NJ CONNECT
for recovery 855-652-3737
a helpline for family and friends

Assistance for family and friends concerned about a loved-one's substance use disorder



THE TREVOR PROJECT

Emotional Support for LGBTQ Youth
Call 866-488-7386; Text 678-678