# **About Core Training**

We're very excited that you're considering Core Training and peer support work! Read on to learn all about Core Training.

### What is Core Training?

A training program from Consumer Connections that prepares individuals to use their *mental health* or *co-occurring* lived experience to provide peer support to adults in the mental health system in New Jersey. Core Training is the required training for the Certified Recovery Support Practitioner (CRSP) credential- NJ's mental health peer specialist credential.

### **How is Core Training Delivered?**

- Offered 3 times per year
- Provided virtually
- 84-Hours / 8 Weeks
- Live classes 2 days per week: Tuesdays and Thursdays 10:00 AM 2:30 PM
- Independent work due weekly: via a learning management platform

## What are the Technology Requirements?

- Computer or tablet (live classes cannot be accessed by phone)
- Webcam & microphone
- Reliable internet connection

## Who is Eligible to Attend Core Training?

- Individuals applying for Core Training must meet the following requirements:
- Resident of New Jersey
- Over the age of 18
- Minimum High School Diploma or GED
- Lived experience of a mental health or co-occurring condition
- Working on mental health recovery at least 1 year
- Interested in pursuing a career as a peer in the mental health or co-occurring fields

## What is the cost of the Core Training?

There is no cost to the student to attend Core Training.

#### How do I apply?

- Fill out the application during the application period for the session you are interested in (see below for session dates)
- Complete an interview with a Consumer Connections team member. Instructions for scheduling the interview will be provided after the application is submitted.

### How are students selected for the Core Training?

Consumer Connections always has many more applicants for Core Training than there is room for in the classroom. Once it is determined that an applicant meets the basic acceptance criteria, an objective and formal selection process evaluates the following factors:

- Ability to complete the application process as expected
- Work readiness
- Recovery experience
- Order of application submission

When are the three sessions of Core Training being held this year?



**Looking for more information?** Attend one of our free information sessions for an in depth look at Core Training. Find them at **consumerconnections.eventbrite.com** or email us at **Consumerconnections@mhanj.org**.